

# Mental Health Small Grant Scheme 2020

## Scoring Recommendations

Recommended for funding					
Not recommended for funding. Did not meet the minimum criteria or withdrawn					
Rank	Applicant	Funding Request £s	Summary of project	Officer mean scores %	Recommended funding allocation in £s based on score %.
1	St Martins School on behalf of BAP	2500	To train a member of staff to be able to deliver Mental Health First Aid courses to schools in the Borough free of charge.	91	2275
2	SNAP	2500	To fund counselling for children with additional needs and disabilities and/or their siblings, providing one to one play and talk therapy, online and face to face, games and toys to help children to express and articulate their concerns and provide emotional support.	87	2175
3	Manna Meals	2500	To part fund a small vehicle to enable the group to visit those who are socially isolated, have a chat to support wellbeing whilst sharing a hot drink and cake.	85	2125
3	The Butterfly Meadow Project- Our Grieving Hearts	2500	To increase accessibility in the meadow by providing a ramp, seating and a viewing area with planting.	85	2125
4	Heads2Minds	2000	To introduce pet-assisted therapy into schools and older people's homes and runs mental health awareness events in public spaces.	81	2025
5	The Essex Community Tree Network	2500	To print a 40 page A5 booklet to residents in Brentwood North, Shenfield and Pilgrims Hatch, outlining details of partners who can support mental health and wellbeing of residents and their services.	78	1950
6	Wilderness Foundation UK	2000	To fund families and individuals with nature therapy sessions to support at risk members of the community. Sessions include family work, campfire, bush craft, walks, nature photography and art as an alternative to talking therapies. The organisation connects vulnerable young people with nature to positively change lives and improve wellbeing.	74	1480
7	The Well and Healthy Co	2291.81	To deliver a 6 month wellness programme to support attendees mental health through online and face to face delivery. The project will better equip people to manage their mental health, offer monthly relaxation classes and signposting.	64	1467
<b>TOTAL ALLOCATION</b>					<b>£15,622</b>
	24 Fingers	2130	To deliver an 8 week programme online for all ages and genders, focussing on physical and mental wellbeing with an entrepreneurial component to support business start up skills.	0	0- Repeat funding of Community Fund

	<i>The PCC of the Ecclesiastical Parish of All Saints with Saint Peter Hutton</i>	2444.16	<i>The grant is for materials to support the new arts and crafts cafe and equipment, storage and a tutor for a repair and gardening cafe, aimed especially at engaging men.</i>	0	<i>0 - Repeat funding of Community Fund</i>
	<i>BMWP Ltd</i>	2500	<i>To provide funded hypnotherapy sessions for 10 people to deal with stress and/or anxieties as a result of their circumstances.</i>	0	<i>0 - Did not meet the criteria</i>
	<i>Mellow Moments</i>	2500	<i>To engage families from a variety of backgrounds to access a 10 week programme on mindfulness skills, yoga and meditation to enable this to become regular practice to benefit the wellbeing of the family.</i>	0	<i>0 - Did not meet the criteria</i>
	<i>Kids Inspire</i>	1572	<i>To support a therapeutic service for 12 children and young people aged between 5-29 years affected by emerging or exacerbated mental health issues as a result of COVID 19 lockdown. Sessions will be provided online or face to face and may include creative approaches such as art therapies. Each attendee will receive a 'treasure bag' with art/ play/sensory materials to use.</i>	0	<i>0 - Application withdrawn</i>
<b>TOTAL FUNDING REQUEST</b>		<b>29937.97</b>			